



# World Championship WDFPF

## ATHLETIC STRENGTH

### individual movements

22, 23, 24 JUNE 2012

**AUTUN-FRANCE**



# AUTUN

French commune in the department of Saone et Loire and Burgundy. Located close to the Morvan. Area of 61.52 km<sup>2</sup>. Its altitude is greater than 400 meters. Populated with 14,887 inhabitants and intercommunal 27000. Its climate is characterized by southern influences more pronounced than the rest of the Morvan.

## History of our city:

After the Roman conquest, Augustodunum Bibracte succeeds in the role of "capital" of the people Aeduan. The new city became a renowned center of Greco-Roman culture. This environment is conducive to the establishment of early Christianity, in the third century. Seat of a bishopric, Autun is adorned throughout the Middle Ages and the modern churches, colleges, cathedrals and convents and monasteries attracts.

**Autun, the ancient city :** the great Augustan forum was originally developed in a 6 km and was pierced by four monumental gates. Four and a half kilometers of Gallo-Roman ramparts have been preserved, and two Roman gates, the ancient theater, stone Couhard (monument), the temple known as Janus, the remains of the earliest Christian foundations are outside the walls, and the area of the ancient worship Genetoye.

**The development of Autun in the Middle Ages** took place within the limits defined by the Gallo-Roman, protecting the location on a slope overlooking the Arroux. Two centers of human activity, the animation market and the religious vocation, determined the bipolarity of the medieval town of

**Autun.La city high:** religious center, site of the old cathedral, the upper town is organized around the current Cathedral of St. Lazare, which illustrates the Burgundian Romanesque art from the twelfth century, with a remarkable sculptor. Around the diocese come together and a set of canonical houses. The upper town is home to the Musée Rolin.

**The lower city:** commercial center, in the proximity of the waterway, the Arroux. The market town has a set of defensive architecture, civil and religious bulwark, tower Marchaux, half-timbered houses; Lapidary Museum, Chapel of St. Nicolas (twelfth century).

**The average city:** born in modern times, it unites the two poles medieval. Reinforced by an enclosure of the sixteenth and seventeenth centuries college and chapel of the Jesuits, seminary, hospital, St. Gabriel, mansions, Italian theater, covered walkway, city hall, etc ...

**The Contemporary Period:** The industrial era opens at Autun with the exploitation of oil shale, which is extracted an oil similar to oil. Today is a city inserted in an exceptional landscape, providing, in addition to its industries and its shops, a heritage of leading, showing all periods of antiquity to the present.

## **On the cover:**

The temple of Janus said outside the city on the banks of the Arroux. This Fanum (temple of Gallic tradition) is one of the best preserved in France. He was one of a suburban sanctuary including other temples and a theater.

Mr DHEILLY Jean-Claude  
Président de la F. S. F. A.  
Résidence Thiers, Apt 65  
Rue de la Commune  
76320 Caudebec les Elbeuf  
Tél : 06 68 24 54 94  
Mail : [jeanclaudedheilly@wanadoo.fr](mailto:jeanclaudedheilly@wanadoo.fr)

Caudebec September 4, 2011

Dear Friends and athletes of the athletic strength,

As President of the Sports Federation of Strength Athletics, it is with pleasure and pride that I welcome you to World Championship WDFPF Force athlete in motion individual Autun (France). This is a first for our country and everything will be implemented so that the sports weekend is engraved forever in your memories.

I count on your participation as a massive national and international level.  
To all participants, good performance and enjoy your stay.



The President of the FSFA

**Jean- Claude DHEILLY**



**Dear leaders of clubs and expensive Athletes**

The entire team of the association PDAC is pleased to invite you to  
Autun

## **World Championship W.D.F.P.F Athletic Strength, individual movements**

Organized by the ACPE and FSFA under the auspices of the  
WDFPF with support from the General Council of Saône et Loire  
and the town of Autun.

We count on your strong presence and we wish you a wonderful  
three days on the floor of Morvan in an atmosphere of friendliness  
and sportsmanship.

Good luck to all participants



**President A.C.P.E Rémi CORTOT.**



## **ORGANIZERS**

ASSOCIATION OF PHYSICAL CULTURE EDUENS  
ATHLETIC SPORTS FEDERATION OF FORCE  
General Council of Saône et Loire  
CITY AUTUN

### **CONTACTS:**

Mr CORTOT Remi  
Le bourg  
71 540 Igornay  
Tél : 06 80 00 90 33  
Mail : [remi.cortot@orange.fr](mailto:remi.cortot@orange.fr)  
Mail : <http://acpeautun.e-monsite.com>

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### **Place of competition:**

Salle polyvalente  
Rue Antoine Clément  
St Pantaléon  
71400 AUTUN

# Schedule of the competition



Friday, June 22, 2012

## **SQUAT**

10:00 to 11:30: Weighing

12: Start of competition

17h00: Award ceremony

18.00: Pot of friendship

Saturday, June 23, 2012

## **Bench press**

7:30 to 9:00: Weighing

10:00: Start of competition

17h00: Award ceremony

18.00: Pot of friendship

Sunday, June 24, 2012

## **Deadlift**

7:30 to 9:00: Weighing

10:00: Start of competition

17h00: Award ceremony

18.00: Pot of friendship

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**Entry form for athletes World Championship in powerlifting below.**

To be completed with care and return to the following address:

**Mr Dheilly Jean Claude**  
**Président de la F.S.F.A.**  
**Résidence Thiers Apt 64 Rue de la commune**  
**76320 Caudebec les Elbeuf. France**  
**Mail : jeanclaudedheilly@wanadoo.fr**

**WORLD DRUG FREE POWERLIFTING FEDERATION**  
**WORLD SINGLE-EVENT CHAMPIONSHIPS — ENTRY FORM 2012**  
**AUTUN, FRANCE**

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Date of birth: (dd/mm/yy): \_\_\_\_\_ Gender (M/F): \_\_\_\_\_ Weight Class: \_\_\_\_\_

Address: \_\_\_\_\_

Country: \_\_\_\_\_ Are you (Please circle): POLICE / MILITARY / FIRE

Affiliation date (national federation): \_\_\_\_\_

Latest competition: \_\_\_\_\_

Wish to participate in:

<b>UNEQUIPPED</b>	<b>SQUAT</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>EQUIPPED</b>	<b>YES / NO</b>	<b>YES / NO</b>	<b>YES / NO</b>
	<b>YES / NO</b>	<b>YES / NO</b>	<b>YES / NO</b>

**Entree fee 70€ 1st participation 30 € for each additional participation**

You will automatically be entered into the OPEN category within your weight class, AND your age-specific category.

The 2010 European Single-Event Championships will be drug-tested as per WDFPF rules.  
**OFFICIAL WAIVER – PLEASE READ CAREFULLY**

In consideration of the acceptance of my entry for this competition, I intend to be legally bound for not only myself, but also my heirs, my executors and my administrators. In signing this release from liability, I waive and release anyone connected with this competition from any and all liability which may arise from this competition. Moreover, I agree that any testing method that WDFPF recognized testing officers may apply to detect the presence of drugs, as listed on the World Anti-Doping Agency (WADA) banned substances list, SHALL BE CONCLUSIVE.

I agree to co-operate fully with all IOC sampling and testing procedures, including any testing procedures that may be considered necessary prior to or after this event. Should I fail to pass the drug testing procedures, I agree to forfeit any trophy, award, record or placing that I might otherwise have won, and I also forfeit any previous trophy, award, record or placing, should the offense be deemed serious enough according to WDFPF rules to warrant such an action. I also agree to waive any claim which might arise under state, national or international law for defamation, slander, libel, or any other claim for which relief is available. I agree to pay any attorney fees and litigation expenses incurred by any person, real or corporate, whom I may sue in effort to challenge this release from liability. I understand that my agreement to pay attorney fees and litigation expenses is the SINE QUA NON for my acceptance of my entry in this contest.

Results of the drug tests will be published in the WDFPF magazine and/or website.

**•T-shirt provided for each competitor.**

Tee-shirt Size :     S             M             L             XL             XXL             XXXL             XXXXL

Signature of participant: \_\_\_\_\_ Date: (dd/mm/yyyy) \_\_\_\_\_

***National teamlist for the national federation .***

***That list must be send to Jean-Claude DHEILLY before the 22 th may 2012***

***Mail : jeanclaudedheilly@wanadoo.fr***

# **Restoration**

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Continuously during the three days:

• Drinks various,

• fruit juice,

• coffee.

**Catering available on site.**

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A meal of 16 € 70 is arranged at the end of competition Sunday evening.

Reservation before April 20, 2012, on E. Mail:

[remi.cortot@orange.fr](mailto:remi.cortot@orange.fr).

For more information, or information, please visit the association:

<http://acpeautun.e-monsite.com>

# ACCOMMODATION

Book early! Booked prior April 20, 2012

Report to the reservation you just for the competition.

Hôtel restaurant ST LOUIS et De la Poste Rue De L'Arquebuse 71400 Autun  
Tél : +33 (0) 3 85 52 01 01.

Hôtel restaurant IBIS 3 rue Louis Aragon 71400 Autun  
Tél : +33 (0) 3 85 52 00 00  
Fax : + 33 (0) 3 85 52 20 20 h3232@accor.com

Hôtel- restaurant de la Tête Noire 3 rue de l'Arquebuse 71400 Autun  
Tél : +33(0) 3 85 86 59 99  
Fax : +33 (0) 3 85 86 33 90 [www.hoteltetenoire.fr](http://www.hoteltetenoire.fr)

Hôtel – restaurant de France 18 avenue de la République 71400 Autun  
Tél : +33 (0) 3 85 52 14 00  
Fax : +33 (0) 3 85 86 14 52 [www.hotel-deFrance-autun.fr](http://www.hotel-deFrance-autun.fr)

Hôtel restaurant Les Jardins du Lac 1 rue Louis Aragon 71400 Autun  
Tél : +33 (0) 3 85 86 25 25  
Fax : +33 (0) 3 85 86 91 40 [lesjardinsdulac@wanadoo.fr](mailto:lesjardinsdulac@wanadoo.fr)

Les Ursulines 14 rue Rivault 71400 Autun  
Tél : +33 (0) 3 85 86 58 58  
Fax : +33 (0) 3 85 86 23 07 [welcome@hotelursuline.fr](mailto:welcome@hotelursuline.fr)

Hostellerie du Vieux Moulin porte d'Arroux route de Saulieu 71400 Autun  
Tél : +33 (0) 3 85 52 10 90  
Fax : +33 (0) 3 85 86 22 15

Espace St Exupéry  
Rue St Exupéry BP : 123 71400 Autun Cedex  
Tél : 03 85 86 58 30 Fax : 03 85 86 58 32 Site : <http://espacesaintex.org>

Auberge de la Cascade. Couhard 71400 Autun  
Tél : +33 (0) 3 85 52 28 29

Hôtel Le grand café 19 bis rue de Lattre de Tassigny 71400 Autun  
Tél : +33 (0) 3 85 52 27 66  
[www.hotel-legrandcafé-autun.fr](http://www.hotel-legrandcafé-autun.fr)

For information, a shuttle / bus will be in place to ensure transport of these hotels instead of the competition.

# Route

## By rail:

### From Paris

#### Arrival in Paris Roissy Charles de Gaulle:

1 - Departure station Roissy Charles de Gaulle. Check in Le Creusot Montchanin TGV station.

Route : 1:30

Transportation by shuttle / bus to downtown Autun. Wingspan : 45 minutes

2 - Departure station Roissy Charles de Gaulle airport, take RER B metro station Chatelet down, then take RER A down Gare de Lyon (Paris). start arriving Paris Gare de Lyon TGV Montchanin Le Creusot.

Routing Autun Downtown shuttle / bus. Wingspan : 45 minutes

### Départ de Lyon

#### Arrival in Lyon St Exupéry

1 - Departure Station Perrache. Check in Le Creusot Montchanin TGV station. Travel approx. : 45 minutes

Transportation by shuttle / bus to downtown Autun. Wingspan : 45 minutes

2 - Departure station Lyon Part-Dieu TGV station Arrival Le Creusot Montchanin. path approx: 45 minutes

Transportation by shuttle / bus to downtown Autun. Wingspan : 45 minutes

# Route

## By road:

### From Paris

**Arrival Autun** : Journey time: 3:20 Distance 318 kms including 266 kms of highway.  
Toll motorway : 17 euros

- Take A6
  - Take highway A6 / E15
  - Exit Pouilly en Auxois
- Take the N 81 direction Arnay Duke then towards Autun

### From Lyon

**Arrival Autun** : Journey time : 2:10 Distance 185 kms including 125 kms of highway.  
Toll highway ; 8.90 euros

- Take A6
  - Exit No. 25 Chalon Nord
  - Follow signs for Autun N6
- Then continue towards Autun by the Departmental D 33 and D 973

### From Strasbourg

**Arrival Autun** : Journey time : 4 hours Distance 394 kms including 335 kms of highway  
Toll highway : 16.50 euros

- Take Highway A35
- Then N83, and A36 and A6
- Exit 24.1 Beaune
- Direction by the county Autun D 973

