



POWERLIFTING FEDERATION, INC. UKRAINE POWERLIFTING FEDERATION

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2011 Single Lift Open Eurasia Championships

(Bench, Curl)

July 23th - 24nd, 2011 - Wellness SPA Formula- Odessa Ukraine

July 23, 2011 will be held the first Single Lift Open Eurasia Championships RAW100%

The International expansion of the 100% RAW Federation has enabled us to include the countries of Canada, India, China, Israel, Italy, Russia, Ukraine, Estonia, Serbia, South Africa, Teams from Asia and others. We are hoping to welcome several of our International affiliates to this year's competition for a true Eurasia Championship meet.

We are offering an **Early Bird sign up again year for all entries postmarked by 1/06/11.**

All Early Bird entrants will be receive "A Free T-shirt & Crossover" for either your Age Division or Open at no extra charge! We are limiting the competition to the **First 50 Lifters who register.** This is your chance to become:

"100% RAW Powerlifting Federation - Eurasia Champion"

ФОРМУЛА
w e l l n e s s s p a



www.formula-wellness.com

We are now accepting Sponsor applications for this meet, and we have vendor table space on sale. If you know anyone interested please let us know

Special Guests Paul Bossi President RAW 100% Hunter Claypatch International Relations Chairman RAW100%



Open Eurasia Championships Bench Press / Curl

Meet Director: Stanislav Tretyak, Ukraine, Odessa, 65001 +380636186688

Venue: Wellness SPA, 12, Chaikovsky lane 65026, Odessa, Ukraine

Date: Saturday 23 July Sunday 24 July, 2011

Hotel - Hotel «Londonskaya» Primorsky blvd. 11, Odessa, 65026, Ukraine, tel.: +38 048 738 01 02/12 - 4 stars

www.londred.com

Hotel «Passage» Odessa, str. Pryeobrazhenskaya, 34 - 2 stars

passage@londred.com

Hotel «Bristol» Odessa str. Pushkinskaya 15 tel.: + 38 048 796 55 01/02 - 5 stars

www.bristol-hotel.com.ua

Apartments for rent from \$ 60 per night for 3 people + mini hotels tel.: +30979710511

Lifting: Will send out an updated itinerary after the deadline date.

Time: Saturday July 23 Doors open - 8am, Lifting starts at 9am

Sunday July 24 Doors open - 9am, Lifting starts at 10am

The final schedule of events on July 10

Weigh-in: We offer a early hour weigh in. Scales: Professional digital scale
weighting is carried out for **24 hours** before the night event

Technical Meeting: Friday 5pm

Identification: Photo Identification is necessary for security, to verify every lifter's entry information, and to help validate drug testing. Acceptable identification includes driver's license, state ID, school ID, passport. Work ID badges and recreational/social club ID's are not acceptable.

Federation Membership Fee: Current federation membership is required.

Entry Fee: All fees should be paid by the **Deadline Date: July 10, 2011**

Attire	4 th Lift	Order of Events		Music
Singlet is mandatory.	National & World Record Attempts Only.	1. Weigh-Ins	2. Rules	Yes
		3. Competition	4. Awards	



www.rawpowerlifting.com

Ivanko Calibrated Weights
Ivanko Bar
Olympic Flat Bench
Lifefitness
forza bench

OPEN EURASIA SINGLE LIFT CHAMPIONSHIPS

Saturday 23 July thru Sunday 23 July, 2011

Wellness SPA Formula

Chaikovsky lane 12,
 Odessa, Ukraine

Meet Director: Tretyak Stanislav +380636186688 / Eurasia@rawpowerlifting.com.ua

PLEASE PRINT:

NAME: _____ DATE OF BIRTH: ___/___/___ AGE: ___ SEX: M F
 ADDRESS: _____ CITY: _____ STATE: _____ COUNTRY: _____ ZIP: _____
 DAY PHONE: _____ NIGHT PHONE: _____ EMAIL: _____
 BODY WEIGHT: _____ kg RAW CARD NUMBER: _____ EXPIRATION: _____

CIRCLE WEIGHT CLASS (kg):													
WOMEN	44	48	52	56	60	67.5	75	82.	90	90+			
MEN	48	52	56	60	67.	75	82.5	90	100	110	125	140	SHW

DIVISIONS (CHECK AS MANY AS YOU WANT TO ENTER): Each Division has all weight classes.									
YOUTH 11 & UNDER: <input type="checkbox"/>	TEEN: 12-13 <input type="checkbox"/>	14-15	16-17 <input type="checkbox"/>	18-19	JUNIOR: 20-24 <input type="checkbox"/>				
MASTERS: 40-44 <input type="checkbox"/>	45- 49 <input type="checkbox"/>	50-54	55-59 <input type="checkbox"/>	60-64 <input type="checkbox"/>	65-69 <input type="checkbox"/>	70-74 <input type="checkbox"/>	75-79 <input type="checkbox"/>	80-84 <input type="checkbox"/>	
<input type="checkbox"/> OPEN: (ALL AGES)			<input type="checkbox"/> LAW / FIRE / MILITARY:			<input type="checkbox"/> SUB MASTERS: 35-39			
25-29 <input type="checkbox"/> 30-34 <input type="checkbox"/> (Only as a cross-over Open)									
T-SHIRT:	S <input type="checkbox"/> x _____	M <input type="checkbox"/> x _____	L <input type="checkbox"/> x _____	XL <input type="checkbox"/> x _____	2XL <input type="checkbox"/> x _____	3XL <input type="checkbox"/> x _____			
Event t-shirts are only \$15 each when ordered along with registration. You can order as many as you like.									

<input type="checkbox"/> Bench Press	\$65
<input type="checkbox"/> Curl	\$65
<input type="checkbox"/> Special - 2-events = \$120,	
<input type="checkbox"/> CROSSOVERS: # OF CROSSOVERS _____ X	\$35 = _____
<input type="checkbox"/> Team Fee (ROSTER OF 10) (5 foot trophy)	\$75
T-Shirt(s) _____ X	\$15 = _____
TOTAL AMOUNT ENCLOSED:	\$ _____

ALL ENTRIES ARE DUE BY
July 10, 2011

Send Payment to:
Stanislav Tretyak
Odessa
Ukraine

Weigh-Ins:
 weighing is carried out for 24 hours before the night event

Rules Meeting:
Technical Meeting:
Friday Sept 30, - 5pm
Saturday Oct, 1 - 8:15am
Sunday Oct, 2 -- 9:15am

Rules: 100% RAW rules can be found online or by requesting from our main office. Drug testing will be conducted so be sure to take responsibility for what you put into your body. For help/info contact the USOC hotline at 1-800-233-0393 or www.wada.com.

ATHLETES MUST COMPLETE AND SIGN THE RAW RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND THE PARENTAL CONSENT AGREEMENT ("AGREEMENT")

Release, Waiver of Liability, Assumption of Risk, Indemnity, and parental Consent Agreement ("agreement")

In consideration of being permitted to participate in a 100% RAW ("activity") I, my personal representatives, assigned heirs and next to kin:

1. **ACKNOWLEDGES**, agree, and represent that I understand the nature of the activity and that I am qualified, in good health and in proper physical condition to participate in such activity. I further agree and warrant that if at any time I believe conditions to be unsafe; I will immediately discontinue further participation in the activity.

2. **FULLY UNDERSTAND** that: (a) **ATHLETIC ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks")**: (b) these Risks and dangers may be caused by my own actions or in actions of others participating in the activity, the condition in which the activity takes place, or **THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW**: there may be **OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES** either not known to me or not readily foreseeable at this time: and I **FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** I incur as a result of my participation or that of the minor in the activity.

3. **HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE** the **100% RAW Powerlifting Federation, Inc., Paul Bossi, Stanislav Tretyak, Formula Wellness SPA**, related affiliated and subsidiary companies of each, as well as the officers, directors, agents, employees and assigns of each, coaches, officials, administrators, members, volunteers, participants, sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, and any other party indemnified and held harmless by 100% RAW POWERLIFTING FEDERATION, INC., (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, NEGLIGENT SECURITY, TRAVEL, AND RECREATIONAL OPERATIONS AND ACTIVITIES; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasee's, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expense, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

4. Drug Testing Statement, Agreement, & Release of Liability

I give my word as an athlete that I have not utilized any type of strength-including chemicals (anabolic steroids, growth hormone, etc.) for the past three years (July 23, 2008 to July 23, 2011)

In consideration of the acceptance of this entry, I agree to any test method deemed necessary by the meet director(s) and that the results of said testing method which the meet director and/or sponsors of this meet use to detect the presence of the strength inducing drugs may be released to any third party (ies) and I generally and specifically waive any right to privacy if any, related there to.

I hereby waive and release, intending to be legally bound for myself, my executors, administrators, and heirs, all rights and claims for damages I may have against 100% RAW Powerlifting Federation, Inc. Paul Bossi, Stanislav Tretyak, Formula Wellness SPA and all parties associated with the 2011 100% RAW OPEN EURASIA POWERLIFTING CHAMPIONSHIPS as a result of testing positive for the utilization of strength-inducing chemicals. Should I fail the drug test, I agree to forfeit my award that I may have won. I agree that if I fail the drug test my name will appear on a published list of suspended members. If the drug test to which I submit is positive, then I waive any claim, action or cause for which legal relief is available.

My entry into the 2011 100% RAW OPEN EURASIA POWERLIFTING CHAMPIONSHIPS constitutes my consent to the testing procedures; and, if any such results test positive, I understand that I shall be disqualified from the pertinent competition and suspended for lifetime by the federation.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Printed name of participant: _____ Phone: _____

Participant's signature (only if age 18 or over): _____ Date: _____

Minor's RELEASE

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF ATHLETIC ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE. I THE MINOR OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAME ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Printed name of parent or Guardian: _____ Phone: _____

Address: _____
Street City State Zip Code

Parent/guardian signature (only if participant is under the age of 18): _____ Date: _____