

To the
Russian Powerlifting Federation
c/o President Gennadiy Khodosevich
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Secretary General

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Confirmation new IPF weight categories

Dear Mr. Khodosevich!

The International Powerlifting Federation confirms that the following new weight categories for all international IPF events are valid beginning 1st January 2011. These new weight categories were decided by the General Assembly, held on 7th November 2011 in Potchefstroom/ South Africa.

Women:

up to 43kg (Sub Junior/Junior) 47kg, 52kg, 57kg, 63kg, 72kg, 84kg, +84kg

Men:

up to 53kg (Sub Junior/Junior) 59kg, 66kg, 74kg 83kg, 93kg, 105kg, 120kg +120kg

Respectfully




International Powerlifting Federation
Emanuel SCHEIBER - Secretary General